



Gwen Schoen

For Gwen Schoen, former food writer for the Sacramento Bee, food is about anticipating and celebrating the seasons. She has been writing about lifestyle, nutrition education, cooking seasonal food and farming in California for 30 years.

Her favorite pastimes are exploring farmers markets and produce stands and developing new recipes.

She currently writes the 'Farmer & the Foodie' column for California Country, a California Farm Bureau Federation publication and is a regular contributor to Inside Publications, a Sacramento-based, regional magazine.

Gwen graduated from California State University, Sacramento with degrees in home economics and journalism.